



Nova Scotia Dental Association

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How to Find a Dentist

All practicing dentists in Nova Scotia are listed in alphabetical order in the Yellow Pages (printed book or [online](#)) under “Dentists.”

The NSDA does not keep a list of practices accepting new patients, nor can it refer a member of the public to a particular dentist. Patients are encouraged to call individual practices to confirm if they accept new patients and offer the services you require.

Choosing a dentist and taking care of your oral health is a personal decision. You want a dentist you are comfortable talking with, learning from and feel good about visiting. Here are some ideas on how to find a dentist:

- Ask family, friends, neighbours or co-workers for suggestions
- Get a referral from your family doctor or local pharmacist
- If you’re moving, ask for a referral from your current dental practice
- Check the [Yellow Pages](#)

[Click Here to View Dental Offices in Your Area](#)

[Click here for the NSDA Membership Directory According to Location](#)

(Updated July 2018)

How to Be a Wise Dental Consumer

Whether you’re choosing a new dentist or have been seeing the same one since you were a child, it’s always helpful to think about making sure you are getting the right service to suit your needs. Here are some things to consider:

- Is the dental office easy to get to from your home or office?
- Is there an appointment schedule that works for you?
- Is your dentist open to discussing treatment options?
- Is information provided about fees and payment plans before treatment?
- Does the dentist or hygienist explain techniques to prevent dental problems?
- Do you take the time to ask questions and take notes about your health concerns?